



Krishnamurti International Annual Gathering

9-13 December 2017

Venue: Chestnut Hill Eco Resort (previously known as Stream Garden Retreat Centre), Hat Yai, Songkhla, Thailand

To apply, write to anveekshana@gmail.com,
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More information, please go to

<http://www.chestnuthilleco.com/krishnamurti-gathering-2017-en.html>

Daily Program

8th December

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|--------------|---------------------------------------|
| 1400 Onwards | Arrivals & Check In |
| 1600 | Walk to the garden and see the sunset |
| 1830-1930 | Welcome Dinner |
| 1930-2100 | Introduction to the Gathering |

9th December

Theme for the day: “What are we seeking?”

What is it that we are wanting, each one of us? Physical comfort? Physical security? Or deep down there is the demand or a desire to be totally secure in all our activities, in all our relationships, to be stable, certain, secure, permanent...

0630-0730	Morning Exercise (Yoga for Beginner)
0800-0900	Breakfast
0915-1030	DVD: Saanen 1977 Talk 1 “What Are We Seeking?”
1030-1045	Morning Tea Break
1100-1230	Exploring the hidden implications of the theme
1230-1330	Lunch Break
1330-1430	Siesta / Free Time
1430-1600	Exploring the hidden implications of the theme
1600-1630	Tea & Snack Break
1630-1800	Optional Walk / Swim / Informal Discussion / Quiet Time
1645-1745	Pilates Mat
1800-1930	Dinner
1930-2100	Documentary or Movie / Informal Discussion / Be with oneself

10th December

Theme for the day: Begins the awakening of that intelligence.

To find out for ourselves if there is really any structure... whatsoever, philosophical, religious or ideological or economic, whether there is any kind of security in that...there must not only be the clear thinking, logically, sanely, rationally, objectively, but also that very thinking, that very reasoning, if it is pursued very deeply begins the awakening of that intelligence.

0630-0730	Morning Exercise (Stretching Class)
0800-0900	Breakfast
0915-1030	DVD: Saanen 1977 Talk 2 “Motive Prevents Observation”
1030-1045	Morning Tea Break
1100-1230	Exploring the hidden implications of the theme
1230-1330	Lunch Break
1330-1430	Siesta / Free Time
1430-1600	DVD: Saanen 1977 Talk 3 “Education, Meditation and Death”
1600-1630	Tea & Snack Break
1630-1800	Optional Walk / Swim / Informal Discussion / Quiet Time
1645-1745	Vinyasa Flow Yoga
1800-1930	Dinner
1930-2100	Exploring the hidden implications of the theme

11th December

Theme for the day: There are these three essential things in the awakening of intelligence: One must understand the art of listening, the art of seeing, then there is the art of learning.

0630-0730	Morning Exercise (Yogilates)
0800-0900	Breakfast
0915-1030	DVD: Saanen 1977 Talk 4 “Facts, Reality and Truth”
1030-1045	Morning Tea Break
1100-1230	Exploring the hidden implications of the theme
1230-1330	Lunch Break
1330-1430	Siesta / Free Time
1430-1600	DVD: Saanen 1977 Talk 5 “Relationship and Intelligence”
1600-1630	Tea & Snack Break
1630-1800	Optional / Walk / Swim / Informal Discussion / Quiet Time
1645-1745	Abdominal Workout
1800-1930	Dinner
1930-2100	Exploring the hidden implications of the theme

12th December

Theme for the day: Image-making is the process of registration

In human relationship, between man and woman, or between a neighbor and so on, the image-making is the process of registration. That is when a wife says something ugly, to listen to it and end it, not register it. Or when the husband says something ugly, listen to it carefully, end it, not carry it on. Then relationship is quite different - entirely different:

0630-0730	Morning Exercise (Thai Boxing Exercise)
0800-0900	Breakfast
0915-1030	DVD: Saanen 1977 Talk 6 “What Is It to Observe Holistically”
1030-1045	Morning Tea Break
1100-1200	Exploring the hidden implications of the theme
1200-1245	Lunch Break
1245	Optional - Mountain walk to waterfall or outing to Songkhla, a Gulf of Thailand local seaside town. Feel the ocean breeze, sightsee the town and walk around. Dinner by the seaside.

Please note: For Songkhla Outing, travel & food cost at your own expense.

13th December

Theme for the day: There is a difference between concentration, choiceless awareness and attention.

Concentration implies resistance and therefore there is effort and division. Choiceless awareness implies to be aware both objectively, outside, and inwardly, without any choice, any decision, any direction, any will. In attending there is no center, there is no me which limits that attention. Therefore attention has complete space.

0630-0730	Morning Exercise (Boot Camp)
0800-0900	Breakfast
0915-1030	DVD: Saanen 1977 Talk 7 “A Movement Which Is Timeless”
1030-1045	Morning Tea Break
1100-1230	Exploring the hidden implications of the theme and round up session
1230-1330	Lunch
1330-1430	Departure

All guests are free to attend the program or not throughout the gathering, as long as it does not disturb the main program for others.

Available at the Gathering

- Quiet and meditation room
- Body work exercises: Yoga for Beginner, Pilates Mat, Vinyasa Flow, Yogilates, Abdominal Workout, Thai Boxing Exercise, and Boot Camp.
- Walks through the forest / swimming in the rock pools
- Comfortable accommodation set in the forest (all rooms have views)
- 3 full vegetarian Thai meals per day

Program Prices for Gathering at Chestnut Hill Eco Resort

Single Room	- 6,500 Baht per person (3 wooden Cottages Available) + (Optional 1,500 Baht for single surcharge in deluxe twin room)
Double Room	- 5,800 Baht per person (7 Western Style Twin Room Available) - 6,300 Baht per person with air-con (2 Wooden Cottages Available)
Dormitory	- 4,000 Baht (6 beds Dorm for Ladies, 6 beds Dorm for Gentlemen and 16 beds Mixed Dorm Available)

Prices include full board & lodging during gathering + arrival day 8th December evening meal & night accommodation.

How to Get Here

For full information on how to reach the gathering at Chestnut Hill Eco Resort (Stream Garden), please visit this link on our site.

Please note that December is a tourist season so it is best to book your stay at Chestnut Hill Eco Resort and your personal transportation as soon as possible.

**Accommodation will be reserved on a first come first serve basis.*